



# KINDNESS LETTER

GRADES 6-12

## Supplies needed:

- Letter to A Friend Sheet

## Instructions:

1. Complete Letter to a Friend Sheet
2. Using the sheet, design a card or letter to give to your friend.
3. Give to your friend.

## LETTER TO A FRIEND

**Instructions:** Pick a friend or family member you think is beautiful from the inside out. What defines her beyond her looks? Use the prompts to write her a letter. Shine the spotlight on what makes her unique.

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Dear \_\_\_\_\_,

I think you are.....

If you believe one thing about yourself, know this.....

Without you I could never.....

I hope you love this about yourself.....

Your inner beauty shines through when you.....