

14<sup>th</sup> Annual Mad Mud Challenge Weekend  
Girl Scouts of Ohio's Heartland  
Rules and Regulations

**Day of the Event**



**Before you Arrive**

**Consent Form:** All participants are *required* to submit a completed consent form by the time of check in. If a participant is under the age of 18, their parent/guardian must sign the consent form. Anyone who fails to provide a consent form will be unable to participate.

**Photo Release Form:** Those who do not give consent will wear a brightly colored wristband, so our marketing team knows who not to photograph.

**Health History Form:** Your group should have health history forms for everyone who is attending the event. Your group leader will be responsible for keeping these forms with them during the program.

***Mini Mad Mud:*** Adults are *required* to participant with their Girl Scout(s) during the Mini Mad Mud Challenge. Please be sure that your group has adults registered in accordance with the [Safety Activity Checkpoints](#). Spectators (non participants) DO NOT count for this requirement because they are not allowed on the course.

***Mad Mud:*** Adults must be on property as either participants *or* spectators during the event in accordance with the [Safety Activity Checkpoints](#). All participants are required to have at least one other person do the course with them as their buddy.

**What to Bring with You:**

- Positive attitude!
- Change of Clothing and footwear for post event
- Garbage Bag (for wet, muddy gear post-event)
- Towel
- Sunscreen
- Water and snacks to refuel on your car ride home (Water stations will be available along the course)

### **What to Leave at Home:**

- Electronic devices
- Valuable, non-replaceable items (jewelry, etc.)
- Unnecessary wallet items- leave them in the car unless you would like to purchase something from our shop
- Items that are banned on all Girl Scout properties including weapons, drugs and alcohol

*Girl Scouts of Ohio's Heartland is not responsible for any lost or damaged items.*

### **What to Wear:**

**Footwear:** Closed toe shoes that can be secured tightly on your feet. For most participants this means an old pair of sneakers. Rubber rain boots, Crocs, and flip flops are NOT permitted on property.

**Clothing:** Form-fitting, lightweight, breathable clothing. Be aware that the clothes you wear will get muddy and potentially damaged.

**Accessories:** please limit the number of accessories you wear. Consider tying hats, sunglasses, and other accessories to your clothing so they don't sink in the mud pits or pond elements.

**Hair:** Long hair should be securely tied back.

### **Drive up Check in**

Check in will be 30 min. before your start time. Please arrive to Camp Crooked Lane and stay in your vehicle as you approach the check in booth. There will be a GSOH staff member or volunteer to help check you in. At this time, the leader of your group will check everyone in and receive all the maps, wristbands, Mad Mud patches and incentives for your group. The leader of your group will be identified as the person who placed your order. If you are not the leader of your group, you will continue through check in to parking.

What to have with you for a smooth check in

- Troop Number
- Name of adult who placed your order
- Consent Forms for everyone in your group organized alphabetically
- Photo Release Forms for everyone in your group organized alphabetically

### **Park:**

Please follow all signs and markers when parking. There will be GSOH staff and volunteers assisting with parking. Please follow their directions when arriving to and leaving from Camp Crooked Lane.

### Starting Line

Starting line volunteers will be sending groups on the course about every 2 minutes. Be prepared to wait for your turn after checking in. While you wait, the starting line volunteers will remind everyone of the course guidelines and will check to make sure each participant has followed the dress requirements outlined above. Any participant who fails to follow these requirements will be unable to participate.

### Course

#### **Property Information:**

**Obstacles:** You will see a variety of different obstacles on the course, each testing different skills and abilities. Some obstacles include pond elements, balancing exercises, and slides. A full list of obstacles will be sent out about two weeks before the program.

**Course Length:** Mad Mud is about 2 miles

**Average Time:** The average time to finish the Mad Mud course is about 1.5 hours and about 45 minutes for Mini Mad Mud. You should plan to be on property for *an additional* 1.5 hours to allow for check in and changing after the program. How long it will take you also depends on your level of fitness, your pace, and the pace at which groups in front of you are moving through the course.

**Bathrooms:** There will be plenty of portable bathrooms available near the starting line.

**Changing Tent:** A changing tent will be provided outside for participant use.

**Camp Buildings:** All buildings are off limits for the duration of the event.

**Food and Drink:** There will be three water stations available for participants. Food will not be permitted on the course. Spectators (non participants) should bring their own water bottles.

**Pets:** Pets are not permitted.

**Photo Stations:** There are four photo stations near the start and finish lines of the course.

**Cell Phone Service:** Cell phone service is limited at Camp Crooked Lane.

#### **Safety:**

**Obstacles:** Each obstacle is inspected and tested prior to being used.

**First Aid:** First aid certified adult volunteers and GSOH staff members will be stationed along the course and at the finish line.

**Lifeguards:** Lifeguard certified GSOH staff members will be stationed along pond elements.

**Course Guides:** Course guide volunteers will be stationed at most elements throughout the course. Please go to the nearest course guide if you have any questions or concerns while on the course. They can point you in the direction of the nearest first aid or water station and have access to walkie talkies to communicate emergency situations. Course guides will also encourage and support participants along the elements.

**Emergency Procedures:**

*Volunteers will have complete emergency guides the day of the event.*

**First Aid:** If you are presented with a life-threatening or serious injury, please appoint someone to call 9-1-1 immediately and give them the location 6998 Co Rd 40, Mt Gilead, OH 43338 be sure to let them know where on property you are. Send another person to the nearest first aid station. If you are presented with a non-life-threatening injury, please send the person to the first aid station for treatment as appropriate.

**Thunderstorms:** This is a rain or shine event. Please be prepared to complete the course in the rain. In more severe rain, participants can take shelter at one of the pavilions until the rain passes. For thunderstorms, volunteers will guide everyone to shelter. The program will resume 30 minutes after the last lightning is sighted or thunder heard. GSOH staff will make a cancellation call if thunderstorms do not subside.