Packing List

The following is a recommended packing list for average Ohio summer weather. Camp Molly Lauman does not have laundry facilities, so please pack for six full days of activity, or three days for Mini Sessions. We suggest packing in a suitcase, duffel bag, or small plastic tote with lid.

Clothing:

- ☐ Shorts (1 for each day).
- ☐ Short-sleeved shirts (1 for each day) (Sleeveless shirts are not recommended. Do not pack spaghetti strap tops, halters, or crop tops.).
- ☐ Lightweight jacket or hoodie (1).
- ☐ Rain jacket or poncho (1).
- ☐ Long pants (1-2 pairs).
- ☐ Underwear/bras/socks (1 for each day, plus at least 1 extra).
- ☐ Pajamas (1).
- ☐ Shower shoes/sandals (1 pair).
- ☐ Sturdy shoes (2 pairs) (No open toe, clogs or sandals).
- ☐ Water shoes (1 pair).
- ☐ Swimsuit (1-2) (no string bikinis).

Bedding and linens:

- ☐ Twin size fitted sheet.
- ☐ Sleeping bag.
- ☐ Pillow and pillow case.
- ☐ Towel (2) (One for bathing and one for the pool.).

Personal care:

- ☐ Medications— in original container (packed separately).
- ☐ Toothbrush and toothpaste.
- ☐ Shampoo, conditioner and soap/body wash.
- ☐ Deodorant.*
- ☐ Sunscreen.*
- ☐ Bug spray.*
- ☐ Lip balm.
- ☐ Feminine hygiene products (if needed).
- ☐ Shower bag or caddy to carry items to the shower house.
- ☐ Washcloth, loofah or bath poof.
- ☐ Hair Brush, comb and ponytail holders.

*Avoid aerosol sprays. Aerosol eats through the waterproofing and canvas of our tents.

Other required items:

- ☐ Brimmed hat (1).
- ☐ Bandana (1-2).
- ☐ Flashlight and extra batteries.
- ☐ Water bottle.
- ☐ Mess kit and dunk bag (not needed for mini sessions).
- ☐ Laundry bag or extra pillow case.
- ☐ Day pack.

Optional items:

- ☐ Stuffed animal.
- ☐ Camera and extra batteries.
- ☐ Journal and pens.
- ☐ Swimming goggles.
- ☐ Reading materials.
- ☐ Stationery and stamps.
- ☐ Card games.
- ☐ Battery operated fan (or plug in fan, if staying in yurts or cabins).
- ☐ Spending money (if going on an out-of-camp trip).

Your extras:

- ☐ _____
- ☐ _____
- ☐ _____

DO NOT PACK:

- Cell phones or tablets.
- Food, gum, or candy (it invites critters).
- Unsuitable clothing (strapless/thin-strapped tops or string bikinis).
- Anything valuable/sentimental (such as jewelry).
- Firearms, explosives, weapons, alcohol, tobacco, or other illegal substances.

Find a digital version of the packing list and more useful camp tools at gsoh.org/residentcamp

Label everything with your camper's name. It makes it easy for lost items to find their way back to the right owner.

Send a copy of this list with your camper to help her make sure she has everything when she's packing up at the end of her stay.

girl scouts of ohio's heartland