

14th Annual Mad Mud Challenge Weekend
Girl Scouts of Ohio's Heartland
Rules and Regulations

Day of the Event



Before you Arrive

Consent Form: All participants are *required* to submit a completed consent form by the time of check in. If a participant is under the age of 18, their parent/guardian must sign the consent form. Anyone who fails to provide a consent form will be unable to participate.

Photo Release: If you do not consent to photos being taken at the event, please notify the staff or volunteers at the check in booth who will give you a brightly colored wristband to wear. This will help our marketing team know who not to photograph.

Health History Form: Your group should have health history forms for everyone who is attending the event. Your group leader will be responsible for keeping these forms with them during the program.

Adult Supervision: Adults must be on property as either participants or spectators during the event in accordance with the [Safety Activity Checkpoints](#). All participants are required to have at least one other person do the course with them as their buddy.

What to Bring with You:

- Positive attitude!
- Change of Clothing and footwear for post event
- Garbage Bag (for wet, muddy gear post-event)
- Towel
- Sunscreen
- Water and snacks to refuel on your car ride home (Water stations will be available along the course)

What to Leave at Home:

- Electronic devices
- Valuable, non-replaceable items (jewelry, etc.)

- Unnecessary wallet items- leave them in the car unless you would like to purchase something from our shop
- Items that are banned on all Girl Scout properties including weapons, drugs and alcohol

Girl Scouts of Ohio's Heartland is not responsible for any lost or damaged items.

What to Wear:

Footwear: Closed toe shoes that can be secured tightly on your feet. For most participants this means an old pair of sneakers. Rubber rain boots, Crocs, and flip flops are **NOT** permitted on property. Refer to the footwear guide for more information.

Clothing: Form-fitting, lightweight, breathable clothing. Be aware that the clothes you wear will get muddy and potentially damaged. Please refrain from wearing clothes that promote the use of drugs, alcohol, illegal substances, or portray violence or sexual messaging.

Accessories: Please limit the number of accessories you wear. Consider tying hats, sunglasses, and other accessories to your clothing so they don't sink in the mud pits or pond elements.

Hair: Long hair should be securely tied back.

Drive up Check in

Check in will be 30 minutes before your start time. Please arrive to Camp Crooked Lane and stay in your vehicle as you approach the check-in booth. There will be two lanes and check in is usually easier if groups are all in the same lane. There will be a GSOH staff member or volunteer to help check you in. They will ask who is in each car, including adults and youth. At this time, the leader of your group will receive all the maps, wristbands, Mad Mud patches, and incentives for your group. The leader of your group will be identified as the person who placed your order. If you are not the leader of your group, you should still stop at the check in to get all of your car's individuals checked in with a GSOH staff member or volunteer from the booth.

What to have with you for a smooth check-in:

- Troop Number
- Name of adult who placed your order
- Consent Forms for everyone in your group organized alphabetically
- Photo Release Forms for everyone in your group organized alphabetically

Park:

Please follow all signs and markers when parking. There will be GSOH staff and volunteers assisting with parking. Please follow their directions when arriving. Please lock your car when

leaving the lot to go to the course. Spectators can be helpful for holding items such as keys and phones. **We are not responsible for lost or broken items.**

Exiting:

When leaving the parking area, please **do NOT exit through the check in area**. There is a designated path that can be reached from the gravel parking lot near the first lodge, which will take you back up the gravel road and out between our ranger's shop and house. **Please continue to drive slowly while exiting, as this is still part of our camp property and is a residential area.** There will be signage to indicate which direction you should drive to exit.

Starting Line

Starting line volunteers will be sending groups onto the course approximately every 2 minutes. Be prepared to wait for your turn after checking in. While you wait, the starting line volunteers will remind everyone of the course guidelines and will check to make sure each participant has followed the dress and footwear requirements outlined above. Any participant who fails to meet these requirements will be unable to participate.

Course

Property Information:

Obstacles: You will see a variety of different obstacles on the course, each testing different skills and abilities. Some obstacles include pond elements, balancing exercises, and slides.

Course Length: Mad Mud is about 2 miles from the starting line to the finish line.

Average Time: The average time to finish the Mad Mud course is about 1.5 hours. You should plan to be on property for *an additional* 1.5 hours to allow for check in and changing after the program. How long it will take you also depends on your time to complete obstacles, your traveling pace, and the pace at which groups in front of you are moving through the course.

Bathrooms: There will be plenty of portable bathrooms available near the starting line, as well as near the finish line.

Changing Station: A changing station will be provided for participant use.

Camp Buildings: All buildings are off limits for non-staff for the duration of the event, unless otherwise indicated for use as a changing station.

Food and Drink: There will be three water stations available for participants. Food will not be permitted on the course. Spectators (non-participants) should bring their own water bottles.

Pets: Pets are not permitted.

Photo Opportunities: There are various photo opportunities near the start and finish lines of the course.

Cell Phone Service: Cell phone service is limited at Camp Crooked Lane.

Safety:

Obstacles: Each obstacle is inspected and tested prior to being used.

First Aid: First aid certified adult volunteers and GSOH staff members will be stationed along the course and at the finish line.

Lifeguards: Lifeguard certified GSOH staff members will be stationed along pond elements.

Course Guides: Course guide volunteers will be stationed at most elements throughout the course. Please go to the nearest course guide if you have any questions or concerns while on the course. They can point you in the direction of the nearest first aid or water station and have access to walkie talkies to communicate emergency situations. Course guides will also encourage and support participants along the elements.

Emergency Procedures:

Volunteers will have complete emergency guides the day of the event.

First Aid: If you are presented with a life-threatening or serious injury, please appoint someone to call 9-1-1 immediately and give them the location 6998 Co Rd 40, Mt Gilead, OH 43338 be sure to let them know where on property you are. Send another person to the nearest first aid station. If you are presented with a non-life-threatening injury, please send the person to the first aid station for treatment as appropriate. Always notify nearby staff or event volunteers about injuries needing aid.

Thunderstorms: This is a rain or shine event. Please be prepared to complete the course in the rain. In more severe rain, participants can take shelter at one of the pavilions until the rain passes. For thunderstorms, volunteers will guide everyone to shelter. The program will resume 30 minutes after the last lightning is sighted or thunder heard. GSOH staff will make a cancelation call if thunderstorms or other inclement weather conditions do not subside.