

12<sup>th</sup> Annual Mad Mud Challenge Weekend  
Girl Scouts of Ohio's Heartland  
Rules and Regulations

**Code of Conduct**

**Buddy System:** All participants must remain with at least one other person on the course. Buddies should be chosen by the ability and pace of the participants. There are three buddy checks throughout the course where buddies should check in with each other.

**Skipping Elements:** Participants are encouraged to skip any obstacle they are not comfortable completing. Mad Mud is meant to challenge you while you have fun. If you think a particular obstacle isn't going to do this for you, just go around it! *Please note that some elements are impassible without getting in the mud or crossing the creek. You will still get muddy even if you skip elements.*

**Don't Rush:** Mad Mud Challenge is **NOT** a race. It is a personal challenge with the goal of overcoming obstacles and completing the course. This is why we do not time people and why we try to avoid using the word "race" when describing this event. Each participant should feel free to go at their own pace.

**Sportsmanship:** Please be patient and respectful of all groups on the course. Cheer each other on and show support for others.